

ARE YOU INTERESTED IN YOUR EXPOSURE TO CHEMICALS IN PLASTICS?



? What Chemicals?

There is a group of chemicals in plastics called phthalates (pronounced "THAL-ates"). Phthalates may enter your body when you use products that contain them.

Phthalates can be present in bottles, wrappers, personal care products, pharmaceuticals, and others.

? Can I Learn More About my Exposure?

A urine test can tell you if you have been exposed to phthalates. You will also be informed about ways to reduce your exposure.

Results are kept confidential and reported back to the participant.

Your urine will not be tested for any other chemicals.

? Does My Participation Make a Difference?

Yes!

The 4 Corners States Biomonitoring Consortium is monitoring what levels of phthalates people may be exposed to.

This will help promote better health and may help reduce people's exposure to certain kinds of chemicals.

If you are an Arizona resident and interested in participating in this project, please contact us to sign up or if you would like more information.



Call (602) 364-1889

biomonitoring@azdhs.gov

www.azdhs.gov/biomonitoring

