



ARIZONA DEPARTMENT  
OF HEALTH SERVICES

PREPAREDNESS

[REDACTED]

July 3, 2018

Re: Urine Metals Results for Biomonitoring Study

[REDACTED]

Dear [REDACTED]

Thank you for participating in the Four Corners States Biomonitoring and Well Water Study. Your participation in the study is very important to the Arizona Department of Health Services as it allows us to learn about levels of metals found in the body and in well water pulled from Arizona aquifers and correlate these data into public health messaging that can benefit well owners throughout the state.

Please see enclosed for a copy of your urine metals results. Please note that these results are not to be considered diagnostic and should not be used for clinical purposes. For each metal tested we have included a summary of the results, comparison values for interpretation, a fact sheet with information about exposure sources and ways to lessen exposure, and resources for further information with this letter. Your results are presented in tables along with comparison values from the general U.S. population.

If you have medical concerns about your results, we suggest that you contact your physician. If you have questions about the study or interpreting your results please contact either myself (info below signature) or the project epidemiologist, Niki Lajevardi-Khosh, at 602-364-1889 / [niki.lajevardi-khosh@azdhs.gov](mailto:niki.lajevardi-khosh@azdhs.gov).

We apologize for the delay in receiving your results. Thank you for your patience and participation.

Sincerely,  
Jason Mihalic  
Arizona Department of Health Services  
Chemistry Office Chief  
[jason.mihalic@azdhs.gov](mailto:jason.mihalic@azdhs.gov)  
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