

State-based Public Health Laboratory Biomonitoring Program for the Four-Corners States Biomonitoring Consortium (Site: New Mexico)

Conversation Guide for Participant Recruitment (by phone or in person)

Greeting and introduction:

Hello, may I speak with (name of resident). This is (your name) with the New Mexico Department of Health.

We are calling to let you know about some free well water testing we will be performing in your community. Do you have a private/shared well?

[if no] Thank you for your time.

[if yes] We are offering this service as part of a new study to check for exposures to toxic metals in private wells and chemicals in plastics, called phthalates. Would this study be something you would be interested in participating in?

[if yes] There is no charge for these tests. The only requirements for participation include providing a well water sample, providing a small urine sample, which we will also test for toxic metals and phthalates (chemicals in plastics) , completing a brief questionnaire/survey about potential sources of exposure to metals and phthalates, and being 18 years or older. You will learn about your own exposures to metals and phthalates, along with free interpretation of your results, which will explain how the measured amounts of those chemicals may affect your health, and how to reduce those exposures. All samples will be de-identified, data will be protected, and results will be confidential.

We are conducting this sampling on August 14th and 15th as well as August 21st and 22nd in your area. We will be at the local library.

Can I answer any questions about the study?

If you would like, I can schedule an appointment for you today. On what day would you like an appointment? We can schedule you on Fridays or Saturdays, August 14th, 15th, 21st, or 22nd

[if yes] How would you like us to get the well test kit to you? We can drop it at your home at a scheduled date & time, or we have some kits at the local library, which you can pick up.

[if library] The kits are at the reference desk not the circulation desk. There are two desks, this will be the second one. There will be detailed instructions on how to collect the sample, with our contact information if you have any questions. For the most accurate reading we encourage you to collect the sample just before you come to the library for your appointment.

If you'd like time to think about it, you can call us back at 505-XXX-XXXX.

If you cannot do this, is there another adult in your household that might be interested?

May I have your email address to send you an email reminder?