



## Four Corners States Biomonitoring Consortium

### Do you and your family use private well drinking water?

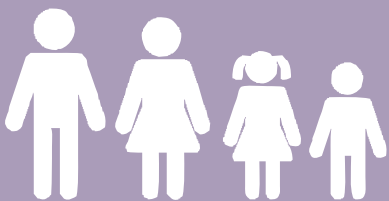
You can be eligible to receive free testing to ensure you and your family stay healthy!

### Why is this important?

Understand what chemicals you may be exposed to in your community.

Metals and arsenic exposure in humans can lead to serious health issues if reach above a certain level.

Utah has a long history in the mining industry, increasing likelihood for metals in water.



Previous studies have found high levels of arsenic in well water in small communities in Utah.

### What is Biomonitoring?

A tool used to collect information on persons' exposure to potential environmental hazards.

Urine samples are collected for each person and a water sample is collected from the home to test for heavy metals and arsenic.

Anonymous data is used to make decisions on both the local and state level to improve health in our communities.



### How can I get involved?

If you use private well water, you can get your free and confidential test.

You will receive a free confidential report of contaminants in your well water.

Participate today and join the community in assuring safe drinking water for you and your family.



Interested in participating?

Contact Carrie at the Utah Department of Health  
[cbutler@utah.gov](mailto:cbutler@utah.gov) or 801-965-2565